



Arizona Parents Commission On Drug Education and Prevention Meeting Minutes

March 9, 2016
10:00 AM

ARIZONA STATE CAPITOL
1700 West Washington Street, Phoenix, AZ 85007
Executive Tower, First Floor Conference Room, Suite 105

A general meeting (conference call) of the Arizona Parents Commission On Drug Education and Prevention convened on March 9, 2016. Notice having been duly given. Present and absent were the following members of the Parents Commission.

Members Present

Joseph R. Leduc
Devon Hageman
Linda Stiles-phone

Mark E. Rohde
Lisa Lannon - phone
Rachel Yanoff

Kristine M. Thompson

Members Absent

Dennis Embry
Eric Meaux

Staff and Guest Present

Debbie Moak
Tonya Hamilton
Sonya Pierce-Johnson
Samuel Burba

Kayleigh Larkins
Deborrah Miller
April Miles

A. CALL TO ORDER

Chairman Joseph Leduc called the meeting to order at 10:05 a.m.

B. WELCOME/INTRODUCTIONS

Chairman Joseph Leduc welcomed members and guest. Chairman Leduc asked that Commission and staff introduce themselves.

C. APPROVAL OF MINUTES (ACTION)

Minutes for the General Meeting held January 13, 2016 was reviewed. Commissioner Mark Rohde made corrections to the spelling of his last name. The motion to approve the General Meeting minutes as corrected was made by Commissioner Rachel Yanoff. The motion was seconded by Commissioner Devon Hageman and approved by all.
(16.02.01)

D. GOVERNOR’S OFFICE OF YOUTH, FAITH AND FAMILY UPDATE

Debbie Moak, Director, GOYFF provided an overview for the Commission Members on the activities within the GOYFF. Ms. Moak stated that a needs assessment had been collected from coalitions and non-profits to help guide the statewide planning and technical assistance from her office. Ms. Moak stated the GOYFF has taken steps towards the statewide campaign regarding Rx Misuse and Abuse Initiative and providing trainings which will allow counties to customize messaging to better serve their communities. Ms. Moak discussed the launching of a Middle School Pilot Program in the fall of 2016. Ms. Moak stated that a presentation regarding the program had been made to the 15 County School Superintendents for their feedback. Ms. Moak stated the program is a peer based/parent-youth program with the curriculum being developed by Pima Prevention Partnership and the evaluation piece being developed by Arizona State University, Southwest Interdisciplinary Research Center (SIRC). Ms. Moak stated that an additional prevention program for High Schools is in development and the RFGA for that program will be released in July.

E. EPI-USING DATA TO EMPOWER ARIZONA COMMUNITIES

Samuel Burba, Program Administrator, GOYFF presented to the Commission Members a report on the training provided by the Substance Abuse Epidemiology Work Group and the Governor’s Office of Youth, Faith and Family in conjunction with the Arizona State University, Southwest Interdisciplinary Research Center (SIRC). Mr. Burba explained that the training; “Using Data to Empower Arizona Communities” will introduce participants to the Community Data Project and other data websites to guide a data-driven decision-making process, including how to use data in needs assessment, conduct needs assessments, write grant applications, substantiate best practices, inform the public and design effective program evaluations. Mr. Burba stated that the kickoff training was held on Feb. 25, 2016 with over 90 participants. Mr. Burba stated that additional regional trainings will be provided throughout the year and posted on www.SubstanceAbuse.az.gov.

F. SUB-GRANTEE PRESENTATION – Southeastern Behavioral Health Services, Inc.

Kathy Grimes, Director presented an overview of the I-Matter, Parent-Student Communication Project of the Graham County Substance Abuse Coalition. Ms. Grimes stated that the “I Matter” is a partnership between the Graham County Substance Abuse Coalition and ten public schools in Graham County and with Southeastern Arizona Behavioral Health Services serving as the fiscal agent. Ms. Graham stated that this project focuses on 4th & 5th grade students and their parents/caregivers, and that area schools provide support by distributing and collecting curriculum and tools to the participating students and their parents. Ms. Grimes stated that the Keep a Clear Mind Curriculum, Family Mealtime (modeled after Make Mealtime Family Time) and Rx360 Curriculum are tools used to increase parent-student communication, increase perception of risk, and participating 4th & 5th grade students. Ms. Grimes stated that through December 2015, Graham County Substance Abuse Coalition has been able to reach out to over 21,769 students, parents/caregivers and community members, and partnered with 9 public schools in 7 school districts and 1 parochial school.

GOYFF Director, Debbie Moak thanked Ms. Grimes for her presentation and inquired if there were opportunities in Graham County to bring parents and students together.

Ms. Grimes stated that there were. Through the Keep a Clear Mind Curriculum, materials are routinely sent home with students to engage their parents in activities and learning outcomes.

Dr. Rohde applauded Ms. Grime's efforts and inquired if the Keep a Clear Mind Curriculum was evidence based.

Ms. Grimes stated that yes and independent evaluators have reviewed the program for effectiveness and found great improvements/gains by students engaged in the program.

G. SUB-GRANTEE PRESENTATION – Chicanos Por La Causa

Cathy Vandenberg, Director of Chicanos Por La Causa, Flagstaff, presented an overview of the CPLC Parenting Arizona program. Ms. Vandenberg stated that CPLC Parenting Arizona is a school based program that is located at three Flagstaff Unified School District schools and provides Parent Resources Centers at each of the schools. Ms. Vandenberg stated that the services at the centers include; parent advocacy; food banks; clothing banks; community and school information bulletin boards; Pow Wow Club and Grandparent Support Groups. Ms. Vandenberg provided an overview of the Families and Schools Together Program (FAST). Ms. Vandenberg stated that the program provides models for use in the home. The models include; Meal Time, games, family sing-a-longs, Buddy Time for parents, Special Play time for children and parents together, Ms. Vandenberg stated that FAST also has Special Sessions that cover a five night period where discussion of substance abuse prevention, along with information about available community resources occurs. Ms. Vandenberg stated that the evaluations of the program included; 527 individuals directly served; 20,826 indirectly served; FAST families reported a 46% improvement in total family functioning and 62% increase in parental attendance to school events.

Kristine Thomson inquired how the organization encourages parents to attend.

Ms. Vandenberg stated that they utilize the Parent Resource Centers at the schools, as well as the Social Workers assigned to the school centers to increase participation.

Chairman Leduc thanked Ms. Vandenberg for the presentation.

H. RFGA

Sonya Pierce-Johnson, Program Administrator, GOYFF announced the RFGA Timeline is on track. The RFGA was released on February 3, 2016, a Pre-Conference was held on February 16, 2016, and applications are due to GOYFF office on March 17, 2016 by 3:00pm.

I. FUTURE AGENDA/MEETING SCHEDULE

Sonya Pierce-Johnson announced the next meeting date is May 18, 2016 in the same location and asked Commissioners to email her with any agenda items or suggestions.

J. ANNOUNCEMENTS

None

K. CALL TO THE PUBLIC

None

L. ADJOURN

A motion was made for adjournment by Commissioner Thompson, at 10:50 am and seconded by Commissioner Hageman and approved by all. (16.02.02)