



**Arizona Substance Abuse Partnership**  
**December 11, 2015**  
**2:00 p.m.**  
**Governor's 2<sup>nd</sup> Floor Conference Room**  
 1700 West Washington Street, PHOENIX, ARIZONA 85007

A general meeting of the Arizona Substance Abuse Partnership (ASAP) was convened on December 11, 2015 at the Governor's 2<sup>nd</sup> Floor Conference Room, 1700 West Washington Street, Phoenix, Arizona 85007, notice having been duly given.

Members Present (21)	
<b>Bill Montgomery</b> , Chairman, Maricopa County Attorney	
<b>Debbie Moak</b> , Vice Chair, Governor's Office for Children, Youth and Families	
<b>John Cocca</b> , Dept. of Liquor	
<b>Frank Milstead</b> , DPS Director	
<b>David Klein</b> , Us Department of Veteran Affairs (via telephone)	
<b>Lawrence LaVeque</b> , Business Community	
<b>Charles Ryan</b> , DOC Director	
<b>Dona Marie Markley</b> , ADJC	
<b>Maria Syms</b> , Arizona Attorney General's Office	
<b>Duce Minor</b> , Parker Area Alliance for Community Empowerment	
<b>Kathy Waters</b> , Administrative Office of the Courts	
<b>John Vivian</b> Ph.D., Epi Work Group	
<b>Kelli York</b> , Substance Abuse Treatment Provider	
<b>Wanda Wright</b> , Arizona Department of Veteran Services	
<b>Karen Ziegler</b> , Arizona Criminal Justice Commission	
<b>Alberto Gutier</b> , GOHS	
<b>Kathy Grimes</b> , SEABHS	
<b>Shelia Sjolander proxy for Cara Christ</b> , ADHS	
<b>Sara Salek</b> , AHCCCS Director [Designee]	
<b>Jenna Shroyer</b> , DES	
<b>Chief Thomas Kelly</b> , Apache Junction Police Department (via telephone)	
Staff/Guests Present (11)	Members Absent (4)
<b>Sam Burba</b> , GOCYF	<b>Maureen Curley</b> , Tribal Consultant
<b>Tonya Hamilton</b> , GOCYF	<b>Tobi Zavala</b> , AZ Board of Behavioral Health Examiners
<b>Deborrah Miller</b> , GOCYF	<b>Scott Cocuzza</b> , Member of Recovery Community
April Miles, ADHS/DBHS	<b>Elizabeth Kempshall</b> , Federal Law Enforcement
Valerie Vanauker	
Heather Brown, Mercy Maricopa	

Karen Hellum	
Kelly Charbonneau, AZDHS	
Danielle Dandareaux, AZDHS	
Tony Vidale, ACJC	
Wendy Wolfersteig, ASU	

### Call to Order

- **Bill Montgomery, Chairman**, called the Arizona Substance Abuse Partnership (ASAP) meeting to order at 2:00 p.m. with members (21) and (11) staff and guests present.

### Welcome/Introductions

- **Chairman Montgomery** welcomed everyone. Chairman Montgomery asked all members to introduce themselves.

### Approval of Minutes

- **Chairman Montgomery** requested a review of the September 8, 2015 meeting minutes.
  - **Kathy Waters** motioned to accept the September 8, 2015 minutes.
  - **Larry LaVeque** seconded the motion.
    - The motion passed with no dissenting votes.

### GOYFF Updates

- **Vice Chair Moak**, provided a brief update on resources and website of the Governor's Office of Youth, Faith and Family.
  - A Family Resource Guide is now available, both in hard-copy and on the new substance abuse microsite; [www.SubstanceAbuse.az.gov](http://www.SubstanceAbuse.az.gov), or [www.KeepThemSafe.az.gov](http://www.KeepThemSafe.az.gov). This Guide is a resource for both parents and children; it provides families with guidance on creating a tear-out Prevention Plan, and a Student Resource Card for how to deal with a substance abuse in an emergency. The Student Resource Card also provides discounts for youth at businesses throughout the state.
  - Currently 10,000 are being distributed throughout the state and more will be ordered in the future. Please direct requests for the Family Resource Guide to GOYFF.
  - The new microsite includes a Prevention, Treatment, and Recovery locator by zip code. The locator will be updated on a quarterly basis. Vice Chair Moak requested that all commissioners please review the site locator and provide GOYFF any missing providers.
  - Information regarding type of payment for services is also on the site locator.
- Chairman Montgomery inquired how do businesses who want to partner with GOYFF on the Student Resource card become partners.
- Vice Chair Moak stated that businesses just need to contact GOYFF to register.
- Vice Chair Moak also thanked Commissioner Alberto Gutier for volunteering to translate the Resource Guide into Spanish.

### Substance Abuse and Homelessness

- **Jeff Taylor**, The Salvation Army, provided an overview of the Homeless Population and Appropriate Drug Treatment Beds Available in Arizona.
  - Arizona's homeless population, based on Point in Time Survey
    - Maricopa County 6,000
    - Pima County 2,100

- Rural Counties and areas 800
- Total Homeless Population 8,910
- \*Mr. Taylor stated that he believe these figures could easily be tripled.
- Subset of Homeless Population includes;
  - Youth/LGBT youth (these are very difficult to track)
  - Single males
  - Females
  - Women with children
  - Intact families
- Homelessness is defined as; not having your name on a lease of deed, fleeing domestic violence, or losing primary nighttime residence. This may include a motel or hotel. HUD's definition states people who are within 14 days of displacement are considered homeless.

Mr. Taylor stated that prior to be admitted to a residential drug treatment facility, a person must be medically detoxed. Mr. Taylor presented information on the services available for residential drug treatment and the number of beds available in Arizona.

- Changing Lives Center
  - 140 women and up to 60 children, 6 months to 1.5 years with a transitional component.
- Phoenix Rescue Mission
  - 242 men's beds-1 year residential with a limited transitional component.
- The Salvation Army APC Program
  - 200 (70 beds in Tucson) men and 12 women-Limited transitional components.
- Tucson Gospel Mission
  - 100 men /40 are in supportive services. 50 women /40 are in supportive services. 4 month and 1 year programs (best model) plus 25-30 children.
- The Guidance Center, Flagstaff
  - 22 homeless drug treatment beds. 18 co-occurring psychiatric beds. 28 day residential.
- East Yavapai Guidance Center, Prescott
  - 18 beds.
- Chairman Montgomery inquired what makes Tucson Gospel Mission a best model.
- Mr. Taylor stated that it is a triage model which works to detox over 4 months and then admit. Others are now replicating this model.
- Mr. Larry Leveque asked if Mr. Taylor would "grade" Arizona in its transition from detox to treatment.
- Mr. Taylor stated that Arizona is nowhere near where it needs to be.
- Chairman Montgomery thanked Mr. Taylor for his presentation.

### Neonatal Abstinence Syndrome (NAS)

- **Susan Stevens, MD**, Arizona Department of Child Safety presented information on Substance-Exposed Newborns (SEN) and Neonatal Abstinence Syndrome (NAS). Dr. Stevens provided data from 2008-2013 which indicated that newborns with narcotics in their system rose 205% and babies born with fetal alcohol syndrome increased 9%. Additionally, Arizona's rates of prenatal exposure are significantly under-reported due to lack of uniform medical coding and lack of provider education. Dr. Stevens stated that during that same timeframe, NAS rates rose from 1.57 in 2008 to 4.03 in 2013. Dr. Stevens stated that Arizona's Societal Costs of NAS birth is twelve times the cost of normal newborn and that the estimated lifetime cost of care for an individual with Fetal Alcohol Syndrome is \$2 million. Dr. Stevens presented a basic overview of substance exposed pregnancies. Dr. Stevens stated the majority of drugs that have been studied have a longer life in the fetus than in the adult. Dr. Stevens stated that this problem is shared by Medicaid/AHCCS, Arizona Department of Health Services, County Health Departments, Department of Child Safety, as well as public and private entities.
- Ms. Sara Salek inquired if Dr. Stevens had any numbers on mortality rates.
- Dr. Stevens stated she did not have any specifics.

- Mr. Larry LaVeque asked if there was a structured path to treatment for Mothers.
- Dr. Stevens stated that one is being established at the National level.
- Chairman Montgomery thanked Dr. Stevens for her presentation and information.

#### Department of Corrections

- **Charles Ryan**, Director, and Karen Hellman, CTS Administrator, Arizona Department of Corrections (ADC), presented information on Addiction Treatment Services provided by the Department of Corrections. Director Ryan provided data on the inmate population; Males – 38, 765 with 77% in need of substance abuse treatment and Females – 4,002 with 89% in need of substance abuse treatment. Director Ryan described the screening and placement used for Inmates. The Inmates are screened at intake using the Texas Christian University Drug Screen and the Arizona Substance Abuse history Index. They are given a Priority Ranking Report which indicates; need for treatment, risk to recidivate, time until release, and is updated daily. Director Ryan stated that there are 18 treatment positions at ADC and treatment is at a variety of prisons and units which offer moderate, intensive and aftercare. Ms. Hellman stated that in FY 2015, ADC was able to meet the treatment needs of 13.2% of inmates prior to release. Additionally, 12 step meetings are offered on most units and lead by 155 peer volunteers. Ms. Hellman described treatment available Post Release includes; Community Accountability Program, Transition Program, Residential Placement, and Intensive Treatment with housing at the Southern Region Community Corrections Center. ADC is currently working with AHCCCS and other partners to improve access to substance abuse treatment for offenders in the community. Vice Chair Moak inquired if any data was available comparing the cost of treatment during incarceration vs. treatment outside of incarceration.
- Director Ryan stated that treatment during incarceration costs approximately \$10/hour, he was not sure of costs once outside of incarceration.
- Ms. Markley asked if 70% of those 5500-6000 people on parole need substance abuse treatment.
- Director Ryan answered yes.
- Chairman Montgomery thanked Director Ryan and Ms. Hellman for their presentation

#### Department of Public Safety

- **Col. Frank Milstead, Director**, Arizona Department of Public Safety (DPS), presented an overview of the Governor's new Strike Force program. The program will move DPS Troopers to the 4 border counties to provide cooperative efforts with counties, Homeland Security and the Federal Government to combat the influx of narcotics coming into the United States through Arizona. Col. Milstead stated that the program is twofold; 1) Impact the supply and 2) Provide Demand Reduction, handled through the GOYFF. Col. Milstead stated that in 2016, the legislature will be asked to provide additional dollars for funding, and there are funds in the plan to supplement Sheriff's costs.
- Vice Chair Moak commented that this was a significant program and we thank you.
- Chairman Montgomery commented that this was an overarching strategy by the Governor that should yield positive results. Chairman Montgomery thanked Col. Milstead for his presentation.

#### Sub Committee Reports

- **Partnership for Success Advisory Council**, April Miles, Arizona Department of Health Services, Division of Behavioral Health reported;
  - Through the Harold Rogers grant administered by the Arizona Criminal Justice Commission, the Area Agency on Aging and Shelly Mowrey have completed the Rx Matters presentation, a curriculum designed to educate older adults on Rx drugs, and are finalizing the toolkit for older adults.
  - Mercy Maricopa Integrated Care and four of its community coalitions have been working on the development of a Spanish RX360 presentation. The presentation and material translations will be completed by the end of January 2016. Once the materials are finalized, the group will take on the

coordination of a Spanish Train the Trainer. New Spanish versions of materials from the Community Toolkit are being added to the website as they are completed.

- The Board of Pharmacy will issue prescribing report cards to all prescribers statewide.
- **Prescription Drug Core Group**, Samuel Burba, GOYFF reported;
  - The Arizona Department of Health Services is beginning the implementation of a new competitive 4 year grant (approximately \$925,000 per year) from the Centers for Disease Control (CDC) for Prescription Drug Overdose Prevention. The grant focuses on increasing the use of the Controlled Substances Prescription Monitoring Program, enhancing community prevention efforts through six county health departments, increasing uptake of prescribing guidelines, and implementing new continuing medical education modules. County Health Departments in Yavapai, Gila, Maricopa, Mohave, Pima, and Navajo counties will receive funds to implement the Rx Initiative Community Toolkit at the local level. Funds will also be provided to the Board of Pharmacy to support statewide dissemination of report cards and outreach to providers, as well as to the University of Arizona for creation of new continuing education credit for health care providers.
  - The first meeting of the new Health Care Advisory Team was held in October. The purpose of the group is to provide clinical guidance to the Rx Initiative. Dr. Cara Christ, Director of ADHS, and Dr. Aram Mardian, Chief of Chronic Pain Management Program for the Phoenix VA Health Care System are co-chairing the group.
  - Mercy Maricopa's Pharmacy Team completed 50 one-to-one meetings with Mercy Maricopa providers (doctors and pharmacists) to encourage them to sign up and/or utilize the CSPMP, and sent 650 high risk member letters and *Sign Up to Save Lives* brochures to Mercy Care Plan providers.
  - Dr. Bob England, Director of the Maricopa County Department of Public Health, wrote an article for the Maricopa County Medical Society titled "The Controlled Substances Prescription Monitoring Program: JUST DO IT!" The article was published in the September/October 2015 Round-Up Magazine, which has a circulation of 9,500 and was mailed to 7,000 actively practicing physicians in Maricopa County.
- **ASAP Epidemiology Workgroup**, Dr. John Vivian, ADJC reported;
  - ASU Southwest Interdisciplinary Research Center (SIRC) has completed initial revisions and two focus groups on Using Data to Empower Arizona Communities, a curriculum designed as technical assistance training for community groups on how to use local substance abuse data to develop, evaluate and sustain substance abuse prevention programs.
  - The Epi Work Group, in partnership with key members from the Governor's Office of Youth, Faith and Family (GOYFF) and ASU Southwest Interdisciplinary Research Center (SIRC) are developing a statewide implementation plan for the new curriculum. The implementation plan will engage partners that have participated in past trainings as well as previously unreached groups within the law enforcement and faith based communities.
  - The GOYFF, on behalf of the Epi Work Group, has issued the November 2015 Epi Newsletter. The Epi Newsletter highlights the high rates of alcohol consumption by college youth and efforts by the University of Arizona to intervene as well as support services and communities that are being developed in connection with collegiate recovery programs on all of Arizona's State Universities. Additionally, the newsletter highlighted the Arizona Youth Survey (AYS); encouraging schools to sign up to participate in the 2016 survey. The GOYFF, on behalf of the Epi Work Group is updating the Arizona Substance Abuse Epidemiology Facebook page.
  - Epi has prepared answers to the two questions posed by ASAP Board members during the August meeting. For additional information, please see the attached document.
    - How many students were expelled and/or suspended in Arizona due to substance use? During the 2013/2014 school year there were 5,892 expulsions and/or suspensions for drugs and 3,855 expulsions and/or suspensions for illicit drugs. Taking into account the

number of students enrolled, that represents rates of 10.3 and 6.7 per 1,000 students respectively. Arizona schools had a lower expulsion/suspension rate in 2013/2014 than in the prior three years

- For adults, how does drug use vary by occupations or employers? The highest rate of past month heavy alcohol use was found in the mining (17.5%) and construction industries (16.5%). The highest rate of past month illicit drug use was found in the accommodations and food service industry (19.1%). The highest rate of past year substance use disorder was found in the accommodations and food service industry (16.9%)

#### **Educational PPT Review: Marijuana**

- **Samuel Burba**, Program Administrator, GOYFF, reviewed a new PowerPoint training tool on Marijuana to the Commission. Mr. Burba stated that the presentation is normed for parents of youth 12-18 years of age. Mr. Burba stated that the presentation runs approximately 45-50 minutes and allows 10 minutes at the end for Q & A. Mr. Burba described how the Power Point would be used in a train-the-trainer model for use in communities throughout Arizona. Mr. Burba provided Commissioners with a sign-up sheet to request GOYFF provide the PowerPoint presentation to their organizations and/or agencies. Mr. Burba asked Commissioners to provide any data they or their agencies may have that may be useful and possibly integrated into the PowerPoint presentation.
- **Chairman Montgomery** thanked Mr. Burba for the presentation.

#### **Future Meeting Dates**

- **Chairman Montgomery**, announced the following meeting dates;
  - Thursday, March 3, 2016
  - Thursday, June 2, 2016

#### **Seeking Solutions Topic Ideas**

- **Chairman Montgomery** asked Commission Members between today and March 3, 2016, please let the Chairs know what they would like to see presented.

#### **Future Agenda Items**

- **Chairman Montgomery** asked Commission Members to please advise either Vice Chair Moak or himself regarding any Future Agenda Items they would like.

#### **Call to the Public**

- **No responses.**

#### **Adjourn**

- **Chairman Montgomery** adjourned the meeting at 3:55 p.m.

Dated the day of  
Arizona Substance Abuse Partnership  
Respectfully Submitted By:  
Samuel Burba  
Program Administrator, GOCYF