



Arizona Parents Commission On Drug Education and Prevention Meeting Minutes

June 10, 2015
10:00 AM

ARIZONA STATE CAPITOL
1700 West Washington Street, Phoenix, AZ 85007
Executive Tower, First Floor Conference Room, Suite 105

A general meeting (conference call) of the Arizona Parents Commission On Drug Education and Prevention convened on June 10, 2015. Notice having been duly given. Present and absent were the following members of the Parents Commission.

Members Present

Joseph R. Leduc
Devon Hageman
Linda Stiles

Dennis Embry
Rachel Yanof
Mark E. Rohde

Eric Meaux
Lisa Lannon

Members Absent

Kristine M. Thompson

Staff and Guest Present

Debbie Moak
Tonya Hamilton
Samuel Burba

Travis Price
John Raeder

Kayleigh Larkins
Deborrah Miller

A. CALL TO ORDER

Chairman Joseph Leduc called the meeting to order at 10:00 a.m.

B. WELCOME/INTRODUCTIONS

Debbie Moak welcomed attendees and asked the Commissioners to introduce themselves.

C. APPROVAL OF MINUTES (ACTION)

Minutes for the General Meeting held April 8, 2015 were reviewed. Commissioner Dennis Embry made a motion to approve the General Meeting minutes. The motion was seconded by Commissioner Eric Meaux and approved by all. (15.03.01)

D. MODEL PREVENTION PROGRAMS

Debbie Moak, Director, Governor's Office for Children, Youth and Families reminded the Commissioners that they were asked at the last meeting to please provide a 3 minute presentation of their favorite prevention program at this meeting. Ms. Moak clarified that an overview of "programs" not specific organizations programs was what she had requested.

Dennis Embry presented three core ideas. Start in 1st grade teaching children; empower parents with daily practical tools to combat substance abuse; focus on episodic psychosis prevention.

Eric Meaux discussed providing a balance between negative and positive consequences; provide more holistic family centered approaches; utilizing children as facilitators for peer to peer influences to behaviors.

Linda Stiles discussed "What I wish I'd known" for prevention measures. Ms. Stiles stated warning signs not always present, kids do lie, provide spot checks on where children are, network with other parents to monitor parties, and check child's room.

Joe Leduc discussed three root ideas. Identify stakeholders who spend most time with youth and provide them with education to help children become healthy, as well as teaching the youth themselves. Identify root of problems, what's causing abuse and spend time addressing the cause. Strengthen "foundations" and provide training to help the abuser achieve a positive life.

Rachel Yanof stated that education needs to start early and often, the sooner youth are exposed to how to make good choices, the better the outcomes. Program must be sustainable to have a long term positive impact for youth. Families need tools to help them and children be successful. Provide opportunities for youth to be engaged and involved to prevent abuse.

Devon Hageman stated that programs need to be systematic and include all factors involved with a child's life. Must work with and educate Parents and/or care givers. Ms. Hageman echoed the statements that education must start early and often. Family prevention specialist should be made available to empower parents on how to make changes.

Lisa Lannon discussed using peer to peer education at community events and providing real life stories. Educate communities that addiction is a disease. Provide educational materials which describe the effects of substance abuse on mind, body and spirit. Schools should offer random drug testing. The media needs to be engaged in discussing programs that work and provided monthly press releases from prevention specialist.

Debbie Moak stated that a Multi-Disciplinary Approach, as every perspective matters regarding prevention. IMBR peer to peer model; Information, Motivation, Behavioral Skills, Resources, is a best practice that works. Ms. Moak stated that Arizona needs to bring more youth voices in order to really make an impact, as the youth can provide the leadership necessary for success.

Debbie Moak thanked all the Commissioners for their input.

E. APPROVAL OF SFY16 OPERATING BUDGET

Travis Price, Compliance, Finance and Procurement Manager with the Governor's Accounting Office presented a detailed spreadsheet of the SFY 16 Operating Budget for the Commissioner's review and discussion. The spreadsheet included breakouts for administrative costs, vendor contracts and pass thru aid to organizations.

Commissioner Embry made a motion to accept the SFY 16 budget. The motion was seconded by Commissioner Stiles and approved by all. (15.03.02)

F. RENEWAL GRANT APPLICATIONS

Tonya Hamilton distributed spreadsheets for Parents Commission Sub-grantees being funded in the Urban, Rural and Tribal categories for Year 3. These documents included the organization name, funds requested, service program area, target population, number of participants to be served and a program description. There are 21 agencies being funded in Year 3 of the three year grant cycle. (15.03.03)

G. FUTURE GOALS AND OBJECTIVES

Debbie Moak announced that GOCYF is undergoing a name change and will be the Governor's Office of Youth, Faith and Families. Ms. Moak stated that a new council will also be added Chaired by Mrs. Ducey with a projected fall start date. Ms. Moak also announced that there are currently "Call to Action" meetings scheduled for using the Rx360 Misuse and Abuse Toolkit. Ms. Moak announced that a "Call to Action" meeting for Coalitions and Non-profits is scheduled for August 25, 2015 to be conducted by the GOCYF staff. More information will be forthcoming. Ms. Moak announced that the Arizona Substance Abuse Partnership (ASAP) will have two areas of focus going forward, the Rx 360 Initiative and Marijuana Education. Ms. Moak also encouraged Commissioners to attend the ASAP meetings. Ms. Moak announced that GOCYF is hosting an educational event about substance abuse and prevention at the Capital on October 22, 2015 from 8:30 am to 3:30 pm. Ms. Moak stated that Governor Ducey will be the keynote speaker and that the event is free, but registration is required. Ms. Moak provided the Commissioners with an event flyer which includes registration information.

H. COLLEGIATE RECOVERY PROGRAMS

Tonya Hamilton presented information on the partnership with the 3 state universities regarding proactively addressing alcohol; binge drinking, and other substance abuse issues. Ms. Hamilton discussed the Arizona Institutions of Higher Education (AZIHE) Network statewide consortium meeting attended by GOCYF. Ms. Hamilton stated that each of the 3 major universities will be applying for funding to implement programs on their campuses related to creating healthy and safe environments on campus. Ms. Hamilton stated that the hope is to have this at the Community College level as well.

I. FUTURE AGENDA/MEETING SCHEDULE

Tonya Hamilton announced that the next Commission meeting will take place on September 9, 2015 at 10:00am at the State Capitol. Ms. Hamilton asked that the Commission members please email her with their preference for either a November 10, 2015 meeting or a November 12, 2015 meeting.

Ms. Hamilton announced that a Collegiate Recovery event will be held September 2, 2015 in the Executive Tower to recognize the efforts of the Universities and that the Commissioners are invited, as well as the public.

J. ANNOUNCEMENTS

None

K. CALL TO THE PUBLIC

Wendy Wolfersteig stated that the Epidemiology Work Group is looking at many evidence based programs and that the Work Group and ASU would be willing to assist the Commission with any data needs.

Luis Enriquez with Friendly House stated when looking at best practices, please do not just focus on stand-alone programs, but look at how programs align with other programs to create effective strategies for the whole person. Mr. Enriquez stated that the family structure is critical, as well as being culturally sensitive.

Amy Bass with Pima County Community Coalition stated that coalitions should not become silos, but rather they need to communicate to provide varying perspectives which will allow for effectiveness and sustainability. Ms. Bass stated they are utilizing the Rx360 Toolkit and have merged treatment and prevention into their coalition.

Maria Stanton with Phoenix Children's Hospital stated that with limited resources available, programs need to provide a balanced approach for all families and that consideration be given to early child brain development, as well as family development.

Tracy Sloat with Maricopa County Department of Public Health stated that the Commission should consider prenatal exposure to substances and how to support the families, as well as the child. Ms.Sloat highlighted the need to focus on the Foster child and support their families and the possible family's addictions.

Emma Torres with Campesinos sin Fronteras stated she liked the inclusion of "Faith" in the new name for GOCYF. Ms. Torres stated that understanding the changing family structures is an important element for program effectiveness.

Cricket Mitchell with Triple P provided a brief overview of the program and its effectiveness. Ms. Mitchell stated Triple P would welcome an opportunity to present to the Commission.

Jamal Givens with Arizonan's for Prevention thanked the Commission for all their work and wishes to continue his organization's positive relationship.

Tiffany Ryan with Northern Arizona University added her support to the Triple P program.

L. ADJOURNMENT

A motion was made for adjournment by Commissioner Dennis Embry at 11:35 am and seconded by Commissioner Stiles and approved by all. (15.03.04)